



## UNDERSTANDING AUTISM IN THE EARLY YEARS

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### Aim of the session

Participants will develop their knowledge and understanding of Autism to make the link between theoretical knowledge and practice.

The course places emphasis on reflective practice and examination of the participant's skills and communication style to recognise and support children and families and is suitable for anyone wanting to develop a general awareness and understanding of autism. It is relevant for both those who are, or will be, supporting children and families on the autism spectrum.

### Course Content

- ❖ To gain an increased understanding of the autism spectrum and the signs and symptoms which may present themselves in younger children in their early years
- ❖ Discuss and become more familiar with current thinking around the causes of autism
- ❖ To develop knowledge and understanding from and overview of theories relating to autism
- ❖ Discuss and identify the triad of impairments
- ❖ Understand that autism affects people in different ways and the types of ASD
- ❖ To consider and discuss behaviours, actions and emotions which may be displayed by children
- ❖ Be aware of the practical strategies used to support children on the autism spectrum
- ❖ Learn how to work more effectively to support children on the autism spectrum- **accepting differences not indifference**
- ❖ Be able to demonstrate your roles and responsibilities being clear about how to respond and support a child and family who has ASD **including an overview of early help/interventions**
- ❖ Provide links to organisations, agencies and services to support those working with and supporting children and families

### Learning and development throughout the session will include a mixture of

- ❖ Case studies – group work
- ❖ Discussions
- ❖ Power point slides & hand-outs

### Capacity

The training session is 3 hours in duration for up to 20 delegates which is available as a morning, afternoon or a twilight/evening session which can be scheduled and agreed to meet your teams training needs. It can be accessed by providers and services for children and young people or by anyone who wishes to enrol, whether it is relevant to your job role or to increase your continued professional development and knowledge.