



THE IMPORTANCE OF UNDERSTANDING ATTACHMENT IN THE EARLY YEARS

*Written and presented by Mandy Monk
(LCC Safeguarding Trainer & Consultant)*

Aims of the Session:

To build upon existing knowledge and understanding of attachments and the impact that they may have upon children and Young people

Objectives of the Session:

- ❖ To understand the definition of attachments and review theories of attachments
- ❖ To review the process of human attachments and how they are formed
- ❖ To reflect upon theorists Bowlby, Piaget and Maslow
- ❖ To observe and discuss 'The Strange Situation' DVD
- ❖ To identify types of attachments - Avoidant - Anxious - Secure
- ❖ To consider and reflect upon the impact of these upon children and Young People as they grow
- ❖ To understand - positive interaction cycle 'v' disturbed attachment cycle
- ❖ To consider the roles of the key person and how they may influence attachments
- ❖ To recognise 'The Invisible Suitcase' which children may carry into their environments
- ❖ To consider how parenting capacity and attachment styles impact upon behaviour
- ❖ To reflect upon the impact of the child's well-being development, learning and understanding
- ❖ Consider early interventions and the impact upon your roles and responsibilities as a key person and how you care for children

Learning and development throughout the session will include a mixture of

- ❖ Case studies
- ❖ DVD
- ❖ Group work
- ❖ Discussions
- ❖ Power point slides
- ❖ Hand-outs

Capacity

This course is suitable for up to a maximum of 20 delegates