



TEACHING CHILDREN TO STAY SAFER IN THE EARLY YEARS

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Aims of the Session:

To work together with parents and carers to support and encourage children to learn the skills to keep themselves safer

Objectives of the session:

- ❖ To consider the importance of teaching children the skills to keep safer and reflect on key facts and figures
- ❖ To recognise how teaching children to keep safer links to the themes and commitments of the EYFS and the NSPCC guidance
- ❖ To understand key themes when teaching children to keep safer whilst considering recent changes to legislation regarding sex offenders and the use of correct terminology
- ❖ To develop an awareness of the risks and dangers that may be in the local community-online and in their own homes
- ❖ To reflect on our own practice and how we can implement effective safety messages in our settings following our duty of care in relation to safeguarding and whistle-blowing
- ❖ To consider key messages we can plan and use to teach children to keep themselves safer which includes-
 - stranger danger
 - confidence & resilience
 - being lost
 - bodily awareness
 - secrets and surprises
- ❖ To develop a range of practical strategies and activities we can use in our settings to teach children safety awareness and empower children to stay safer

Learning and development throughout the session will include a mixture of

- ❖ Case studies – group work
- ❖ DVD
- ❖ Discussions
- ❖ Power point slides & hand-outs

Capacity

This course is suitable for up to a maximum of 20 delegates