



## **SUPPORTING POSITIVE BEHAVIOUR (PARENT WORKSHOP)**

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### **Aims of the session:**

### **Objectives of the Session:**

- ❖ To consider the types of behaviours parents and carers may find difficult to manage
- ❖ To reflect upon the types of strategies which are used and which are the most effective
- ❖ To reflect upon why children may behave in certain ways and the triggers
- ❖ To discuss ABC of behaviour
- ❖ To consider influences which may impact children's emotions and behaviour
- ❖ To reflect upon ways to support and promote positive behaviours
- ❖ To review reactions and responses when managing and coping with unwanted behaviours and actions
- ❖ To share the importance of being an effective communicator when supporting children
- ❖ To share ideas positive strategies, fairness, consistency, rewards and praise to encourage positive behaviours
- ❖ To understand the importance of partnership working, which promotes consistent messages with other carers
- ❖ Evaluations

### **Learning and development throughout the session will include a mixture of**

- ❖ Case studies – group work
- ❖ Discussions
- ❖ Power point slides & hand-outs

### **Capacity**

This course is suitable for up to a maximum of 20 delegates

